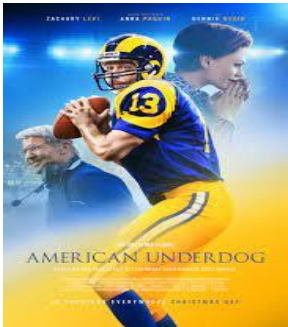


INCLUSION FOCUS FILM:


AMERICAN UNDERDOG is the inspiring true story of resilience and never giving up on your dreams. 28-year-old Kurt Warner goes from stocking shelves at a supermarket to becoming a legendary two-time NFL MVP, super bowl MVP, and Hall of Fame quarterback.



THOUGHT OF THE WEEK

STAY POSITIVE
WORK HARD
— AND —
make It Happen


ROLE MODEL OF THE FORTNIGHT – Mary Earps



Mary Earps is an English professional footballer who plays goalkeeper for Manchester United, she also play for the Womens England team with whom she won the UEFA women's Euro final 2022. Mary recently won sports personality of the year in Dec 2023 and is a fantastic role model for women in sport.

WELLBEING SUPPORT

Bedford Borough Wellbeing Hub
https://localoffer.bedford.gov.uk/kb5/bedford/directory/site.page?id=R_ScQfCiWk
Mental Health & Anxiety
www.calmharm.co.uk www.clearfear.co.uk www.kooth.com
Gender Identity/Sexual Orientation
www.mermaidsuk.org.uk www.theproudtrust.org
Bereavement
www.cruse.org.uk www.winstonswish.org
Staying Safe Online
https://www.thinkuknow.co.uk/14_plus/
Eating Disorders
www.beateatingdisorders.org.uk
Staying Safe Online
https://www.thinkuknow.co.uk/14_plus/
Substance Misuse Support
<https://aquarius.org.uk/>
Reminder:
 Our Student Health Guide can be found on our college website here: [Student Welfare | kimberleycollege](#)



KEY DATES

W/C Mon 15th Jan: Drive Like a Boss Onsite in Y12 PM tutor session (See slide 2 for more information)
Tues 16th Jan: Exams workshop 9-10am 1502
W/C Mon 22nd Jan: University Next Steps onsite tutor sessions for Y13 (see Slide 3 for more information)
Tues 23rd Jan: Apprenticeship Support in the Lecture Theatre 11.30pm onwards. (See Slide 3)
Wed 24th Jan: Ready2Lead group delivering assembly at Church End Lower School: 1.30pm Meet in Atrium.

REMINDERS/ UPDATES

Y13 STUDENTS WAITING FOR THEIR APPLICATIONS TO BE SENT TO UCAS – PLEASE KEEP CHECKING YOUR COLLEGE EMAILS REGULARLY

- Vaping – we will be undertaking ‘toilet checks’ to ensure that students are not vaping in the toilets.

TUTOR SESSIONS

	Y12 PM Session	Y13 PM Session
W/c 15 th Jan	Drive like a Boss!	
W/c 22 nd Jan		University Students: You've applied, what next?

KEY COLLEGE CONTACT DETAILS

Safeguarding: safeguarding@wootton.beds.sch.uk
Pastoral: kimberleypastoral@wootton.beds.sch.uk
Attendance: 6formattendance@wootton.beds.sch.uk
Bursary: bursary@wootton.beds.sch.uk
Anonymous reporting for Bullying/ Discrimination:
<https://forms.office.com/r/ADxircgSWf>


EQUALITY, DIVERSITY & INCLUSION CALENDAR:

January is cervical cancer awareness month, UK's dry January and thyroid awareness month

04 January – World Braille Day
 07 January - Mahayana new year
 15 January - World Religion Day
 22 January – Lunar New Year
 27 January – Holocaust memorial day



CELEBRATING STEPPING STONES TO SUCCESS



Outstanding Attitude to Learning

Y12: Isabelle H, Krish P, Annie R, Bogdan T & Sen W
Y13: George B, Faith G, Lily N, Emanuela O & Kai S

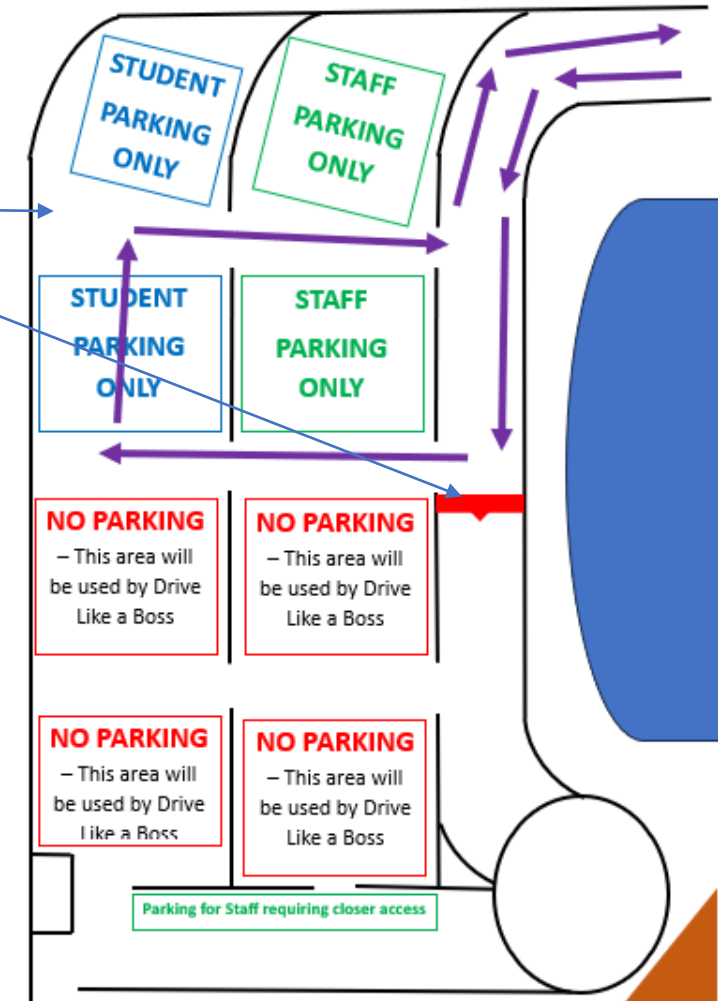
Reminder for all students who were recognised in the Celebration Assembly/ Christmas Newsletter to collect your Costa / Amazon vouchers from the Pastoral Tutor office ☺

Tutor Sessions

W/c Mon 15th Jan 2024

Drive like a Boss – Information for all students, staff & parents/ carers

- Any member of staff or student arriving to college at any point during this week will need to park in the designated areas shown here:
- Students getting dropped off for the AM session will be able to go through the red barrier and drop off as normal.
- Students getting dropped off 11am onwards will **not** be able to go through the red barrier & will need to use the purple arrow one way route.
- Students getting picked up 11am – 3pm will need to do so via the purple arrow one way route.



Y12 Tutor Sessions - Drive like a Boss

All Y12 students to register in the atrium at 11.30am You will be split into 3 groups to follow the plan below:

	11.30am -11.45am	Session 1 11.45am - 12.15pm	Session 2 12.15pm - 12.45pm	Session 3 12.45pm - 1.15pm	Session 4 1.15pm - 1.45pm	Session 5 1.45pm - 2.15pm	Session 6 2.15pm - 2.45pm
GROUP 1 (Approx 25 students)	Register	11.45am - 12.45pm 1hr Practical Activity Car Park		LUNCH BREAK	Video / Presentation Lecture Theatre	Q&A Workshop Classroom 1s09/2s09	Kimberley College Task 1s09/2s09
GROUP 2 (Approx 25 students)	Register	Video / Presentation Lecture Theatre	Q&A Workshop Classroom 1s09/2s09	12.45pm - 1.45pm 1hr Practical Activity Car Park		LUNCH BREAK	Kimberley College Task 2s15/1n20
GROUP 3 (Approx 25 students) <i>(Already Learning to Drive/ Passed Test)</i>	Register	Video / Presentation Lecture Theatre	Kimberley College Task 2s15/1n20	Q&A Workshop Classroom 1s09/2s09	LUNCH BREAK	1.45pm - 2.45pm 1hr Practical Activity Car Park	

Y13 Tutor Sessions

W/c Mon 22nd Jan 2024

Applied to University – What next?

Mon 22nd, Tues 23rd, Wed 24th & Fri 26th Jan in the Lecture Theatre

- Any student who has applied to University **must** attend this session on the afternoon of the day they have tutor on their timetable.
- It will include Student Finance and scholarships and cover many further questions that you may have.
- We have **guest speakers** coming in from a variety of **different universities** each day to make the session as relevant and up to date as possible for you.

Apprenticeship – What next?

Tuesday 23rd January in the PM session

- 1to1 / small group specialist support available every W2 Tuesday in the PM session.
- Please speak to the Pastoral Team if you would like to sign up for this support.

Winter Water Safety Messaging



Stop and Think

Keep back from slippery banks and wear footwear with a good grip.

Stick to well-lit areas - the reduction in daylight in the winter adds to risks around water. **Plan your walks** in daylight or along well-lit paths.

Ice can be extremely vulnerable even during periods of prolonged cold. **Never go onto the ice.**



Stay Together

Keep **children within reach** and teach children **not to go onto ice.**

Keep dogs on a lead near ice and slippery banks.

If out enjoying a winter walk, **walk with friends.**

Water safety Messaging – General advice Winter

Alcohol or recreational drugs and water don't mix. Alcohol and drugs can impair your judgement, reactions, and ability to swim. If you're enjoying time near water don't drink and keep yourself and your mates safe #BeWaterAware

Ice safety advice for visitors to waterways

- . Plan your route if you're going out and about near waterways in winter
- . Look out for the signs and warnings. They are placed to warn of non-obvious hazards
- . Stay off the ice and frozen waters they will not be able to hold a person's weight
- . Keep away from the edge, and be aware that snow and leaves may obscure the edge
- . Supervise children around ice and waterways
- . Keep your dog on a lead near ice and frozen waters and don't throw sticks or balls onto the ice for them.



In an Emergency -

- If you see somebody in trouble in the water.
- Call 999
- Ask for the Fire Service if inland
- Ask for the Coastguard when at the coast
- Never enter the water to attempt a rescue
#BeWaterAware

If you see someone struggling in the water, remember this lifesaving advice
Call 999
Tell them to float on their back
Throw something to help them float
#BeWaterAware #RespectWater



Winter Water Safety Messaging

In an Emergency - ICE

What to do if you fall through the ice:

1. Keep calm and shout for 'help'.
2. Spread your arms across the surface of the ice in front of you.
3. If the ice is strong enough, kick your legs to slide onto the ice.
4. Lie flat and pull yourself towards the bank.
5. If the ice breaks, work your way to the bank-breaking the ice in front of you.
6. If you cannot climb out, wait for help and keep as still as possible. Preserve heat by pressing your arms by your side and keep your legs together. Keep your head clear of the water.

Once you are safe, go to hospital immediately for a check up

What to do if you see someone fall through the ice:

1. Shout for assistance and phone the emergency services – call 999 or 112.
2. Do not walk or climb onto the ice to attempt a rescue.
3. Shout to the casualty to 'keep still' and offer reassurance to keep them calm.
4. Try and reach them from the bank using a rope, pole, tree branch, clothing tied together or anything else which can extend your reach.
5. When reaching from the bank, lie down to avoid being pulled onto the ice.
6. If you cannot reach them, slide something which floats, such as a plastic bottle or football, across the ice for them to hold onto to stay afloat whilst help is on the way.
7. If the casualty is too far away, do not attempt to rescue them. Wait for the emergency services while calming and reassuring the casualty.



Bedfordshire
Fire & Rescue Service

ICE

What to do after the casualty has been rescued from the ice:

1. Make sure the ambulance is on its way.
2. Lay the casualty flat, check for normal breathing and begin resuscitation if necessary.
3. Prevent them from getting colder by covering them with warm clothing, blankets etc.
4. Get them out of the cold under cover or create some shelter around them.
5. Until the casualty is in a warm place, do not undress them.
6. Do not rub their skin, do not apply hot water bottles and do not give an alcoholic drink.
7. Keep them wrapped up so they warm up gradually.

Parent / Carer Information

Winter Water Safety Messaging

- Sign up for flood warnings - www.gov.uk/sign-up-for-flood-warnings
- Keep up to date with the latest flood risk situation- call Floodline on 0345 988 1188 or follow @EnvAgency and #floodaware on Twitter for the latest flood updates
- Have a bag ready with vital items like insurance documents and medications in case you need to leave your home
- Check you know how to turn off your gas, electricity and water mains supplies
- Plan how you'll move family and pets to safety

What to do if you get a flood warning: A flood warning means you need to act: flooding is expected. You should do all the actions for a flood alert, but also:

- move vehicles to higher ground if it's safe to do so
- move family and pets to safety
- move important items upstairs or to a safe place in your property, starting with cherished items and valuables, then furniture and furnishings
- turn off gas, electricity and water supplies if it's safe to do so; never touch an electrical switch if you're standing in water
- if you have property protection products such as flood barriers, or air brick covers, use them now
- keep track of the [latest flood risk situation](#)



What to do if you get a severe flood warning: A severe flood warning means there is danger to life: you must act now.

- Call 999 if you're in immediate danger
- Follow advice from the emergency services and evacuate if you're told to do so
- Make sure you have an emergency kit including a torch, spare batteries, mobile phone and charger, warm clothes, important numbers like your home insurance, water, food, first aid kit and any medicines and baby care items you may need
- Alert neighbours and offer help if it's safe to do so
- Avoid driving or walking through flood water: just 30cm (1 foot) of fast flowing water could move your car and even shallow moving water can knock you off your feet
- Keep your family and pets away from floodwater – it may contain heavy debris, sharp objects, open manhole covers, sewage and chemicals
- Wash your hands if you've been in contact with flood water which may contain toxic substances

Parent / Carer Information

Winter Water Safety Messaging

Flood Advice



Flood alert - Prepare

- prepare a bag that includes medicines and insurance documents
- check flood warnings



Flood warning - Act

- turn off gas, water and electricity
- move things upstairs or to safety
- move family, pets and car to safety



Severe flood warning - Survive

- call 999 if in immediate danger
- follow advice from emergency services
- keep yourself and your family safe

All floods are different and you should take advice from the emergency services and your local authority if you're in a flood.



If you see someone struggling in the water:

- **DON'T JUMP IN!**
- **CALL 999**
- **ASK FOR FIRE SERVICE**
- **SHOUT & SIGNAL**

Use  what3words for precise location 

NFCC - #BeWaterAware campaign toolkit – Messaging can be used all year round. This includes messaging for paddleboarders/kayaks/Canoes

[NFCC Be Water Aware 2023 Toolkit.pdf \(nationalfirechiefs.org.uk\)](https://nationalfirechiefs.org.uk)

Dedicated website for #Respect the water – messaging can be used all year round [Respect The Water](https://www.respectthewater.org.uk)

RLSS - [Winter Water Safety | Royal Life Saving Society UK \(RLSS UK \)](https://www.rlss.org.uk) and [RLSS UK's Don't Drink and Drown campaign](https://www.rlss.org.uk)

ROSPA - [Ice Safety | RoSPA - RoSPA](https://www.rospa.org.uk)

Gov.UK - [What to do in a flood - Check for flooding - GOV.UK \(check-for-flooding.service.gov.uk\)](https://www.gov.uk/guidance/check-for-flooding)

BFRS Website - : [Flooding | Bedfordshire Fire and Rescue Service \(bedsfire.gov.uk\)](https://bedsfire.gov.uk)

BFRS Socials - @BedsFire

Staywise - <https://staywise.co.uk/public> Emergency services educational platform. The Poster below is available to download

Canals and Rivers Trust - [Winter water safety | Canal & River Trust \(canalrivertrust.org.uk\)](https://www.canalrivertrust.org.uk)